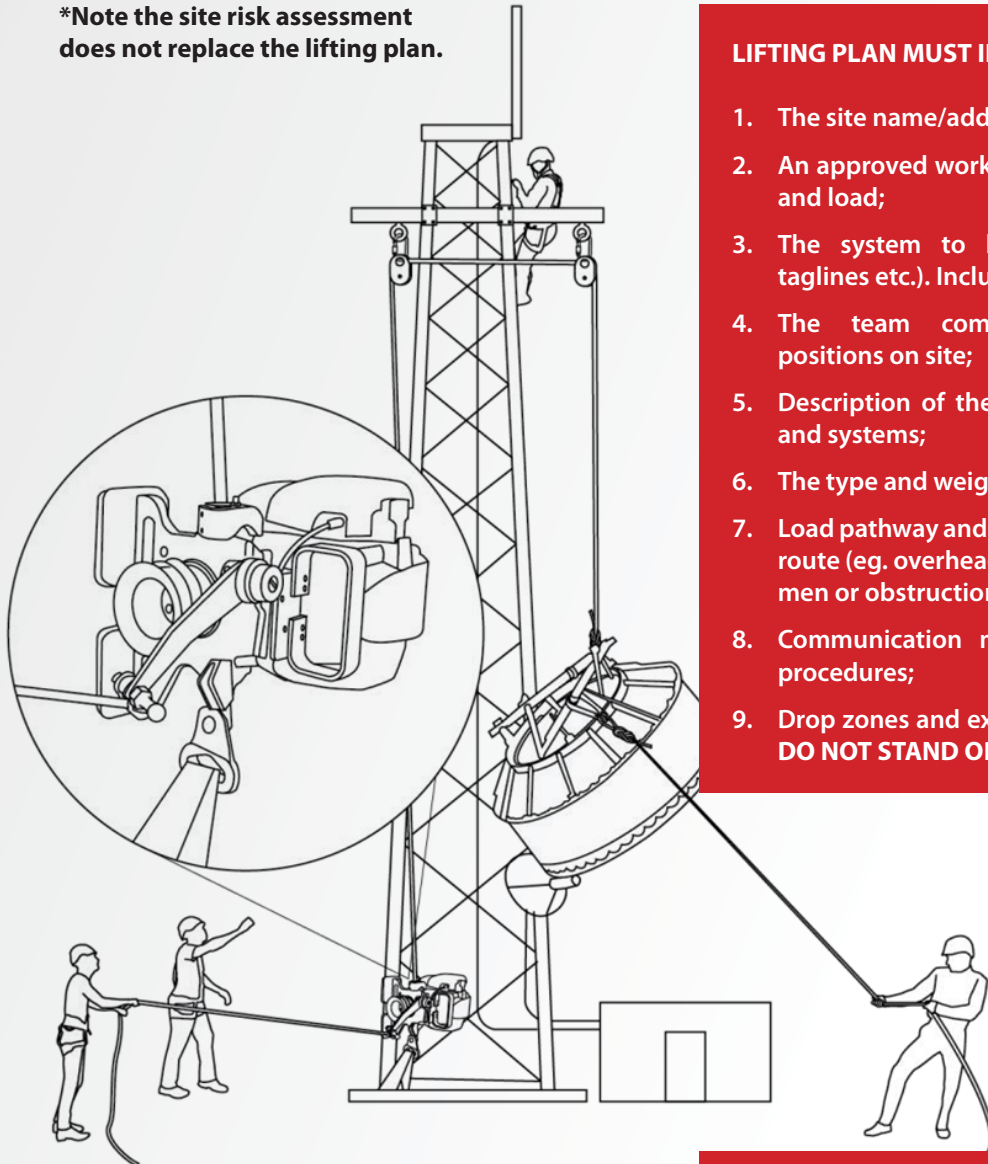




## LIFTING PLAN

A lifting plan is a document specifying how and by whom the lift will be conducted. This document must be completed by the Site Supervisor on site before work starts. Proper training and experience is essential to supervise lifting operations.

**\*Note the site risk assessment does not replace the lifting plan.**



### LIFTING PLAN MUST INCLUDE THE FOLLOWING

1. The site name/address;
2. An approved work permit for the type of lift and load;
3. The system to be used (with back-up, taglines etc.). Include pictures/drawings;
4. The team composition, training and positions on site;
5. Description of the lift, required equipment and systems;
6. The type and weight of the load;
7. Load pathway and hazards and risk along the route (eg. overhead cables, position of banks men or obstructions etc.);
8. Communication methods and emergency procedures;
9. Drop zones and exclusion zones (**WARNING: DO NOT STAND OR WALK UNDER A LOAD!**);

10. Anchor points to be used. Include pictures/drawings;
11. Weather conditions;
12. The expected duration of the lift;
13. The supervisor's details.

**NOTE:** If at any point alterations have to be made to the lifting operation which were not indicated on the lifting plan, it must be documented and signed by the supervisor before continuing with the lift.

Contact Gravity Training or visit our website for additional information and training on rigging and lifting.

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