REG. NO.: 2017/654557/07 VAT NO.: 4330194475 SETA ACCREDITATION NO.: 2290 IRATA ACCREDITATION NO.: 7061/0T



A MEMBER COMPANY OF GRAVITY GROUP HOLDINGS

## Safety Bulletin - December 2019

## End of the year safety

At the end of the year, safety is an increasing concern as we tend to not adhere as diligently to safety principles as we normally do. In this document we will identify some key aspects to which you should pay attention and look at how to maintain a safe work environment.

Some of the aspects to consider:

- Fatigue it is important that any worker is well rested in order to prevent unjustified risk or harm on site
- Rushed or frustrated workers increased pressure to meet year-end deadlines does not mean reduced safety. Reduce stress by maintaining realistic goals and by planning daily for what needs to be completed
- General work at height safety during this period, it is common to take more chances. Remember to follow procedures and risk assessments in order to remain safe
- Slips and trips maintain a clean and safe work environment
- Driving hazards follow the safe practices and rules of the road and avoid driving under the influence of any substance that may affect your driving capabilities, especially during the holidays
- Weather prepare for the weather conditions to which you will be exposed
- Working at home safety is not only applicable to the workplace environment, but also your home. Always conduct any renovation, small project or quick task in a safe manner
- Planning always prepare properly and plan accordingly for the task



We wish all our stakeholders, partners and clients a productive and safe end of the year and holiday season as we go into 2020 with new hope and a safer mind-set.

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